



SOUL GIANT EPK

Progressive Metal Band | Louisiana

Booking: soulgiantla@gmail.com

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Promo Materials

[Download Hi-Res Photos](#)



Soul Giant - Primordial Plague [Official Lyric Video]



Soul Giant - Gut Wrench [Official Music Video]



[Soul Giant Youtube Channel](#)

PRESS/ REVIEWS



"Soul Giant has crafted a bombastic debut... expertly utilized prog tropes we know and love..."

- Ryan @ The Progressive Subway

[Read full review](#) [↗](#)

BIO KIT



Short Bio

Soul Giant is a progressive metal band from Lafayette, Louisiana, delivering technical time signatures, heavy grooves, and a message of growth through adversity. Formed in 2022, the band blends cosmic energy with modern, groove-driven heaviness.

Medium Bio

Soul Giant is a progressive metal band from Lafayette, Louisiana, blending technical time signatures, heavy grooves, and a message rooted in growth through adversity. Formed in 2022, the band channels cosmic energy and modern heaviness, crafting music that reflects acceptance, resilience, and the pursuit of a deeper connection with the Self.

Long Bio

Soul Giant is a progressive metal band from Lafayette, Louisiana, known for blending technical musicianship with emotional depth. Their sound fuses dynamic riffs, intricate time signatures, and heavy, groove-driven rhythms with a message centered on acceptance, resilience, and growth through adversity. The name "Soul Giant" reflects the band's core philosophy: embracing hardship as a catalyst for transformation and rising toward a deeper connection with the Self.

The band formed in 2022 when three musicians in Lafayette discovered a shared vision for modern, cosmic-leaning heavy music. Early writing sessions established a foundation built on progressive structure, atmospheric textures, and a commitment to intentional storytelling. After an extended search for the right drummer, the lineup finally locked into place, solidifying the group's identity and elevating their sound with precision, creativity, and a deep understanding of complex rhythmic design.

Today, Soul Giant continues to evolve with a style that is both heavy and expansive. Their music channels cosmic energy, emotional honesty, and technical intensity, creating a sound that resonates with listeners seeking both power and meaning. With a focus on growth, connection, and the transformative force of music, Soul Giant stands as a modern voice in progressive metal.

TECH & STAGE



Technical layout and stage positioning

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CONTACT INFORMATION

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